

**MINUTES OF THE MEETING OF THE HEALTH AND WELLBEING BOARD  
HELD ON WEDNESDAY, 20 MARCH 2019**

**MEMBERSHIP**

**PRESENT** Yasemin Brett, Achilleas Georgiou, Parin Bahl (Chair of Enfield Health Watch), Stuart Lines (Director of Public Health), Bindi Nagra (Director of Adult Social Care), Pamela Burke (Voluntary Sector), Jo Ikhelef (CEO of Enfield Voluntary Action), Natalie Forrest (Chief Executive, Chase Farm Hospital, Royal Free Group) and Andrew Wright (Barnet, Enfield and Haringey Mental Health NHS Trust)

**ABSENT** Alev Cazimoglu (Cabinet Member for Health & Social Care), Nesil Caliskan (Leader of the Council), Mo Abedi (Enfield Clinical Commissioning Group Medical Director), John Wardell (Clinical Commissioning Group (CCG) Chief Officer), Dr Helene Brown (NHS England Representative), Tony Theodoulou (Executive Director of Children's Services), Vivien Giladi (Voluntary Sector) and Maria Kane (Chief Executive North Middlesex University Hospital NHS Trust)

**OFFICERS:** Dr Glenn Stewart (Assistant Director, Public Health), Mark Tickner (Senior Public Health Strategist), Harriet Potemkin (Strategy, Partnerships, Engagement & Consultation) and Niki Nicolaou (Voluntary Sector Manager) Jane Creer (Secretary)

**Also Attending:** Peppa Aubyn (representing Enfield CCG), Richard Gourlay (representing North Middlesex University Hospital NHS Trust), Councillor Derek Levy (Chair of Overview and Scrutiny Committee), Patricia Mecinska (Chief Executive of Healthwatch Enfield)

**1**

**WELCOME AND APOLOGIES**

Councillor Yasemin Brett, chairing the meeting in the absence of the Chair and Vice Chair, welcomed everyone to the meeting. Apologies for absence were received from Councillor Alev Cazimoglu, Councillor Nesil Caliskan, Dr Mo Abedi, John Wardell, Dr Helene Brown, Tony Theodoulou, Maria Kane and Vivien Giladi. Enfield CCG was represented by Peppa Aubyn, and North Middlesex University Hospital NHS Trust by Richard Gourlay.

**2**

**DECLARATION OF INTERESTS**

There were no declarations of interest in respect of any items on the agenda.

**3**

**LONELINESS AND SOCIAL ISOLATION SCRUTINY WORK STREAM REPORT AND RECOMMENDATIONS**

RECEIVED the final report of the Loneliness and Social Isolation Scrutiny Workstream, and presentation by Councillor Derek Levy, workstream chair.

NOTED the presentation highlighted the following:

- Loneliness and social isolation was recognised as a major problem.
- Local government and its partners were primarily enablers and facilitators of measures, many of which could be done at low or no cost.
- Though a major public health issue, this was a strategic issue that cut across departments. It could be particularly factored into spatial planning.
- The impact on a range of age groups was highlighted, and the importance of many parts of the Council to understand the issue.
- There was a need to think thematically and to change the culture of the way we operate.
- We can make a difference, and save resources and money in the long term.

IN RESPONSE comments and questions included:

1. The Chair recommended that all partners could encourage their staff into volunteering schemes.
2. Jo Ikhelef expressed complete support for the report and the recommendations. She would like to engage further with Recommendation 1.3 in particular, having experienced difficulties in utilising existing buildings for community use. Such barriers should be overcome. The Chair advised this should be a future item for Health and Wellbeing Board discussion, with Mark Bradbury and Councillor Oykenor to be invited.

**ACTION: Public Health Team**

3. In response to Richard Gourlay confirming NMUH support and queries about the coordination, it was advised that this was currently an early stage but a structure would be put in place operationally.
4. Bindi Nagra confirmed in respect of Recommendation 1.6 the database on the Council website, the My Life resource directory, listed over 400 activities and could be searched by location. Councillor Levy highlighted the importance of communication of this information, and that not everyone had access to a computer. Niki Nicolaou also held information on all voluntary organisations, but there could be transportation issues in reaching venues and that there may be a charge for some activities.
5. Stuart Lines highlighted the parallels with the Health in All Policies approach. It was important to emphasize the link between mental health and physical health. Understanding of the issues would allow them to be addressed. The Make Every Contact Count initiative could also be used to signpost people onto groups and activities.
6. Parin Bahl welcomed the report and thanked the workstream for raising awareness, and hoped they would take the community with them. A bigger

communication plan was required, involving local people in designing. She would be happy to give assistance.

7. The Chair thanked Councillor Levy for attending, and that members were welcome to contact him.

**AGREED** that Health and Wellbeing Board noted the recommendations put forward in the review and noted the responses provided by Directors and Executive Directors in Appendix A.

#### 4

### **JOINT HEALTH AND WELLBEING STRATEGY (JHWBS) : REVIEW OF 2014-19 JHWBS / FEEDBACK FROM SUCCESSOR JHWBS CONSULTATION / PROGRESS UPDATE ON THE NEW JHWBS 2019 - 2022**

RECEIVED the report of Stuart Lines (Director of Public Health).

#### NOTED

Public Health officers' introduction of the report highlighted:

- The previous JHWBS had been reviewed. There had been some improvements, such as reduction in teenage conception rates, but performance was difficult to measure in many areas.
- The successive strategy would need more specific focus and have more detailed and measurable outcomes and action plans.
- The 2019 – 2022 strategy was based on discussions with Board Members since the summer, and on public consultation, including a community event.
- There had been broad support for the vision.
- Members were encouraged to provide feedback and comments.
- Patricia Mecinska highlighted the report by Healthwatch Enfield set out from page 77 in the agenda pack, and that the organisation had been keen to be involved and had utilised their annual conference for conversation and feedback with the community. The re-focused priorities were welcomed, as well as the strong recommendation that mental health had more focus in the new strategy.

IN RESPONSE comments and questions were received, including:

1. There had not been resistance expressed to expanding smoking bans, and Bindi Nagra recommended that measures to introduce more no-smoking areas would receive support, and that bold ideas should be discussed and convention challenged. A number of potential actions were discussed for being smoke-free.
2. In response to a query on how the strategy linked with the Local Plan, for example to encourage exercise, it was confirmed that the Board had an input into the Local Plan, and that a health assessment was being carried out in respect of the Meridian Water development. There was also a proposal that Board membership be expanded to include representatives for Housing, Regeneration and Planning.

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3. Parin Bahl's comments that the strategy included priorities which had the support of local people, and which came from data and evidence.
4. Members emphasised the need for joined up thinking and that recommendations had to work practically for people. The strategy could appear simple, but this was a transformational opportunity for the Council and its partners.
5. In respect of increasing activity, the participation in Park Run was discussed, and introduction of Junior Park Run, as well as encouraging more schools to participate in 'daily mile' or running initiatives. Distance markers along routes to / from stations or bus stops or parks were also suggested. It was important to make physical activity part of everyday life, and without financial cost.
6. Patricia Mecinska's comment that people had knowledge about what to do to be healthier. The biggest challenge was going to be changing people's habits. Many solutions of what could practically be done were cheap or free, and would help alleviate social isolation, such as gym buddy systems, first timer sessions and group activities. There was a role for commissioners to communicate to the grass roots. As employers there was a role to give staff time to exercise and to offer healthy food choices. She requested that work continued with local residents in order to make a meaningful difference. A number of those people engaging wanted to know more and could be kept informed via a newsletter.
7. The next steps were set out. Harriet Potemkin would provide all partners with an action plan template to gather specific measurable outcomes to be actioned over the next 12 months. It was suggested that a HWBB development session should be convened before the end of April. The final version of the strategy would be submitted to the Board for approval in May.

**ACTION: Public Health Team / Harriet Potemkin**

**AGREED** that Health and Wellbeing Board considered the results of the public consultation and:

- (1) provided feedback on the draft strategy narrative and suggested any changes;
- (2) provided a commitment to action from their organisation in relation to the priority areas. These commitments would then be included in the strategy action plan.

## 5

### **VOLUNTARY SECTOR REPRESENTATIVE APPOINTMENT / SELECTION PROCESS**

NOTED that Pamela Burke was welcomed as the new Voluntary Sector representative, along with the re-appointment of Vivien Giladi. Thanks were recorded to previous representative Litsa Worrall for her contribution to the Health and Wellbeing Board.

**6**

**MEMBERSHIP OF HEALTH AND WELLBEING BOARD**

NOTED the update from Stuart Lines, Director of Public Health, that a change in the Board's terms of reference was being considered to reflect the wider remit of health and wellbeing, and to potentially include representatives of Housing and Regeneration and others as Board members. There may also be an overlap with Enfield Strategic Partnership. The issues would be discussed further with the Chair and a future report made to the Board.

**7**

**VISIT TO BOROUGH BY DUNCAN SELBIE (CHIEF EXECUTIVE, PUBLIC HEALTH ENGLAND)**

NOTED the update from Stuart Lines, Director of Public Health, that the Chief Executive of Public Health England had a very positive visit to Enfield last month. The work going on in Enfield and the challenges faced by the borough were set out to him.

**8**

**PROPOSED LGA INTEGRATION WORK WITH BOARD**

RECEIVED the report of the Director of Public Health.

NOTED

1. Mark Tickner, Senior Public Health Strategist provided an update regarding the facilitation of a joint workshop with the Local Government Association (LGA).
2. Harriet Potemkin's suggestion that the workshop may potentially be used to create the JHWBS action plan.
3. Members raised concerns in respect of NHS long term plans and integrated care systems; the potential loss of localism, and the importance of Health and Wellbeing Board involvement. It was advised that plans were at an early stage, but the concerns would be fed back to the CCG Chief Officer and a statement requested to Board Members and a discussion at the next Board meeting. It was suggested that the LGA workshop event should focus on Integration.

**ACTION: Mark Tickner / CCG**

**9**

**LOCAL GOVERNMENT ASSOCIATION HEALTH AND WELLBEING SYSTEM BULLETIN**

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RECEIVED the LGA Health and Wellbeing System Bulletin for information.

**10  
MINUTES OF THE MEETING HELD ON 6 DECEMBER 2018**

**AGREED** the minutes of the meeting held on 6 December 2018.

**11  
INFORMATION BULLETIN**

To be sent to follow.

**ACTION: Mark Tickner**

**12  
HEALTH AND WELLBEING BOARD FORWARD PLAN**

To be sent to follow.

**ACTION: Mark Tickner**

**13  
DATES OF FUTURE MEETINGS**

NOTED the dates of future meetings for the 2019/20 municipal year would be agreed at Annual Council on 8 May 2019.