



London Borough of Enfield

Report Title	North Central London (NCL) Mental Health Transformation and Childrens & Young Persons Mental Health Crisis response Update
Report to	Health and Adult Social Care Scrutiny Panel
Date of Meeting	24 th April 2024
Cabinet Member	Alev Cazimoglu
Executive Director / Director	Tony Theodoulou – Executive Director of People
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Ward(s) affected	All
Classification	Part 1 Public
Reason for exemption	n/a

Purpose of Report

1. To provide an in-depth review of the Mental Health Transformation and what this means for local services and Enfield residents. This includes an outline of the approach to supporting young people in mental health crisis following Covid.

Main Considerations for the Panel

2. The attached presentation provides an overview and update on the transformation of mental health services across Enfield, highlighting how the Core Mental Health offer is addressing inconsistencies to service provision across Enfield and North Central London (NCL).

This includes:

- A Public Health Summary of Mental Health across Enfield
- Details of the transformation of Enfield Prevention and Wellbeing Services
- Details of the developments of Children and Young Peoples Mental Health Services in Enfield, including the development of Crisis support
- An outline of the improvements to Adult Mental Health Services for Enfield residents in 23/24
- These summaries highlight important successes and challenges
- The next steps for mental health core offer implementation in 24/25 and beyond.

Background

3. The Core Offer programmes for Mental Health services across North Central London (NCL) was established to address the baseline reviews of the service, completed in 2021 with NCL system partners and stakeholders. These established a compelling case for change based on the level of inequity and need against access to services and historic levels of funding. To respond to the case for change, a core offer was co-produced and agreed which specifies what services should be available to everyone in NCL.

The Core Offer programmes will drive improvement in our population health outcomes associated with mental health services. We have developed a Community and Mental Health Outcomes Framework, aligned to NCL's Population Health and Integrated Care Strategy to track benefits and enable us to target where additional focus is required. NCL ICSs Population health and integrated Care strategy aligns with Enfield's Health and Wellbeing Strategy.

The expected impact on residents' experience of care have been set out. Some of the major areas of transformation is in improved community mental health services, where there is increased collaborative working between GPs, community groups and adult social care. This includes increased support for children transitioning to adult services and older people, linking together physical health and social drivers with mental health. Another important service launched was the section 136 hub which went live in October 2023 which is delivering the much needed improvements for people who experience mental health crisis in London.

There are still some challenges to be addressed, including tackling autism and ADHD- Attention-Deficit/Hyperactivity Disorder diagnostic waits, but Mental Health core offer programmes are improving population health through advancing early intervention and prevention, improving coordinating

functions, integrating physical and mental health and reducing pressure on acute services so that more people can be cared for outside of acute hospital settings.

Relevance to Council Plans and Strategies

4. This transformation programme supports Enfield Council's Investing in Enfield Plan in the following areas:
 - a. Strong, health and safe communities
 - b. Thriving children and young people
 - c. An economy that works for everyone

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Appendices

1. NCL Mental Health Transformation and Childrens & Young Persons MH Crisis response Update