



London Borough of Enfield

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| Report Title | Supporting Independence: A Local Prevention Strategy (2023-2027) |
| Report to | Healthy & Safe Communities Scrutiny Panel |
| Date of Meeting | Wednesday 25 th September 2024 |
| Cabinet Member | Cllr Alev Cazimoglu |
| Executive Director / Director | Tony Theodoulou/Doug Wilson |
| Report Author | Lia Markwick: Lia.markwick@enfield.gov.uk |
| Ward(s) affected | All |
| Classification | Part 1 Public |

Purpose of Report

1. The purpose of this report is to update Healthy & Safe Communities Scrutiny Panel on the development and delivery of Supporting Independence: A Local Prevention Strategy (2023-2027)

Main Considerations for the Panel

Supporting Independence Strategy 2023-2027

2. The purpose of the *Supporting Independence: A Local Prevention Strategy 2023-2027* is to set out headline priorities for supporting independent living for young people in transition to adulthood, adults (18-64 years) and older people (65 years and over) with adult social care needs in Enfield over a five year period.
3. Recognising that barriers to living independently reach beyond adult social care, the strategy first considers '*Universal Themes*' that can impact a person's opportunity to live independently, including information and advice, health and housing. It also considers growing opportunities to enhance independent living through the use of digital technology – a landscape of opportunity that continues to evolve.

4. The latter section of this strategy focuses on specific priorities for supporting independent living, according to nature of disability or area of need. These '*In Focus*' areas include specific consideration of:
 - People with learning disabilities
 - Autistic people
 - People with mental health support needs
 - Older people with care and support needs
 - People with physical and/or sensory impairment
 - People with long term conditions (diabetes, for example)
 - Unpaid carers
5. *Supporting Independence: A Local Prevention Strategy 2023-2027* is intended to complement existing strategies and contribute to a holistic portfolio of documents, that together set out, in partnership with people who need support and their carers, what we need locally to better support independent living and how we will work with the stakeholders to deliver.
6. Following Cabinet approval of *Supporting Independence: A Local Prevention Strategy* in September 2023, work is progressing to deliver priorities within the Strategy.
7. Oversight of delivery against individual priority areas within the strategy action plan is provided by numerous boards (as detailed against each subsection below). General oversight against the entire programme of work is provided through six-monthly updates to the Health & Adult Social Care Senior Leadership Team, the People Departmental Management Team and updates to the Healthy and Safe Communities Scrutiny Panel as agreed and required.

Year 1 Action Plan & End of Year Review

8. Our Year 1 Action Plan set out key actions to support delivery of priorities from September 2023 to March 2024.
9. An end of year review of the Year 1 Action Plan has now been completed, with the purpose of updating on progress against priorities and identifying the impact of this strategy work. Some key areas progressed under this strategy in Year 1 are set out below.

Our Universal Priorities (*including information and advice, the right home, training and employment, technology, active connected and engaged communities*)

Supporting Prevention & Early Intervention with our VCS partners

10. Adult Social Care Prevention & Early intervention contracts have supported the ongoing delivery of priorities in this area over Year 1. Outcomes over 23/24 include:

- The delivery of support for people with or at risk of Long Term Conditions to maximise health and wellbeing. Over 23-24 AgeUK ICAN service reached over 3100 people who attended support groups and events. This included five large events and regular peer support groups, such as Tea & Chatter, Stroke Café and Walk and Talk Groups. These services are helping to reach people at risk of loneliness and social isolation. On average across the year, 79% of people surveyed felt less isolated since interaction with the AgeUK ICAN service.
 - The delivery of support to over 1000 people recovering from illness/ requiring safe and appropriate discharge home from a hospital setting over 23-24. 100% of people reported that they felt supported through the discharge process upon their 6 week review.
 - An increase in the reach of services to support unpaid carers – there were 7466 on Carers Register at the end of 23/24.
11. Work to recommission our Prevention & Early Intervention has also progressed over Year 1. Consultation feedback received during the development of our Supporting Independence Strategy has informed the specification of these services going forward. Engagement events, including a co-production focus group, have also been undertaken to help inform the development of future services shaped by those who use them.
 12. Reflecting current commissioning arrangements, future contracting of Prevention & Intervention Services shall encourage multi partnership approaches to delivery. This is intended to support a broad range and scale of provision to meet the diverse needs of our community and best reach groups seldom heard, whilst maximising the valued contributions of smaller or specialist organisations.

The Right Home

13. Good progress has been made to increase high quality, accessible housing options for older people with support and care needs in the borough. Reardon Court Extra Care Housing Scheme - which has now opened its doors to new tenants - will offer 70 new homes with the availability of 24 hour on site care for older people who wish to live independently but may require support and care to do so. Benefits cross-cut adult social care and housing. The scheme will maximise opportunities for people to remain living independently in the community – often with a reduced requirement for care. In April 2023 68% of older people (65 years +) in receipt of support/ care from the local authority received a community based service, compared to 32% who received support in a residential care setting. In July 2024, this proportional split changed to 72% and 28% respectively – a change we seek to maintain and continue. It will also provide opportunities for Council tenants to downsize to accessible housing with care. Early data indicates that approximately half of tenants will be relocating from Council or Registered Provider accommodation.

Active, Connected & Engaged Communities

14. Year 1 has seen the launch of our Adult Social Care Co-Production Framework. Co-production training has been delivered to staff from trainers with lived experience (14 sessions), a video has been produced by Community Partners and shared. Community Partners are now informing key pieces of work across Adult Social Care, including a review of 'MyLife' web pages and information offer. Feedback will inform user focussed improvement.

Person Centred Care

15. Work continues to embed good practice from the Thinking Ahead Programme, run by Together Matters, who publish a range of toolkits and guides to make planning for the future manageable at all ages and stages of life. Changes to our local contingency planning /care and support review templates have been implemented to better prompt discussion with service users around who might support them if their carer was no longer around and facilitate person centred planning for the future.
16. Year 1 has also seen the completion of a pilot project (overseen by a Task and Finish Group of our Learning Disability Partnership Board) that considers what happens when a parent carer or family member is no longer able to care for a person requiring support. As part of this pilot, a local CQC registered organisation worked with a family to look at how the handing over of direct payment arrangements could be achieved in a way that facilitates continuity of care for the adult or young person. The Council will now work with service users and carers to consider the project findings.

Our 'In Focus' Priorities

People with Learning Disabilities, People with Autism (with oversight from Learning Disabilities Partnership Board, Autism Partnership Board)

17. In Year 1, Enfield exceeded targets for completing annual health checks for people with learning disabilities in the borough, supporting our priority to reduce health inequalities for people with learning disabilities. In 23/24 79% of people with a learning disability had a health check completed.

Older People and People with Physical &/or Sensory Impairment, (with oversight from the Older People Partnership Board)

18. In Year 1 we expanded the number of 'flexi flats' available for use within our Extra Care Housing provision from 2 to 7. This provides accessible short stay accommodation for people with care and support needs, including physical disabilities who may require short term housing with care, to enable hospital discharge or prevent the need for residential care. Over 23/24, this provision supported on average 6 individuals per quarter. The impact of this provision has contributed to reductions in residential care placements for older people with physical disabilities, from 313 in March 23 to 308 in March 24.

19. Our Ageing Well Guide has been reviewed and improved in partnership with health services and is now available online and through our VCS organisations. It offers a thorough guide to support good health and wellbeing for people over 50 years, providing information and advice to support early intervention.

People with Mental Health Support Needs

20. In 2023 Enfield submitted one of twelve successful national bids to pilot an Individual Placement Support (IPS) model in Primary Care. The aim of this pilot was to support over 1500 people into work or prevent them from losing employment due to health conditions. The pilot has attracted £3.25m of DWP funding for delivery. Since the project started in October 2023 the Enfield and Haringey initiative has supported over 887 people, enabled over 114 new job starts and over 45 returns to work.

Unpaid Carers

21. In Year 1 Enfield Carers Centre secured agreement from the GP Federation & Integrated Care Board to proceed with a pilot to improve the identification and support for unpaid carers across five GP surgeries in the borough. This pilot will continue through Year 2 with the view to apply learning and good practice borough wide.
22. The work of our Carer Ambassadors has successfully contributed to the identification of unpaid carers over 23/24. Outreach work with primary care and hospitals, has contributed to the identification of a further 757 unpaid carers on our Carers Register over the year – improving the reach of early support available to those who care.

Working Together to Deliver

23. Our Market Position Statement (2023-2027) was launched in Year 1 with the purpose of providing clear updated information on current market supply and future requirements. It's launch supports the delivery of many priorities within our workplan and provides an invitation to the market to work with us to deliver.
 24. Officers shall continue ongoing engagement with Partnership Boards to review progress and shape future actions for delivery with people who use services and their carers.
 25. Actions relating to priorities for health themes, are to be reviewed in line with the emerging Joint Health & Wellbeing Strategy action plan, to support a streamlined and joint approach to the delivery of priorities.
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Appendices

None.

Background Papers

[supporting-independence-strategy.pdf \(enfield.gov.uk\)](#)

[market-position-statement.pdf \(enfield.gov.uk\)](#)