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MUNICIPAL YEAR 2016/2017 - REPORT NO.

MEETING TITLE AND DATE Health and Wellbeing Board

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Agenda - Part: 1	Item: 9
Subject: DIABETES IN ENFIELD ANNUAL PUBLIC HEALTH REPORT	
Wards:	
Cabinet Member consulted: Cllr Krystle Fonyonga	
Approved by:	

1. EXECUTIVE SUMMARY

The topic of the 2016/17 Annual Public Health Report is diabetes. Diabetes is a condition which can cause major complications to individuals, is rapidly increasing in numbers and is a significant financial pressure for the NHS and local government. Diabetes contributes to the life expectancy gap, which was the topic of the 2014/15 report.

The report covers many aspects of diabetes, from prevention to a plethora of its consequences, the role of healthy lifestyle and medical management of diabetes, the importance of patient self-care and structured education, how diabetes disproportionately affects Enfield and its deprived communities, and how local and regional partners in Enfield are working together to prevent and manage diabetes.

2. RECOMMENDATIONS

To inform the Health and Wellbeing Board the current situation of diabetes in Enfield from its needs to the prevention and intervention taking place in Enfield. The report also celebrates the coordinated efforts of HWB partners in preventing diabetes and to improving the quality of life of patients with diabetes, working with communities and patients.

3. BACKGROUND

In Enfield, the number of people with diabetes is increasing each year. At present one in every 14 adults in the borough has the condition and a further 30,000 have a high risk of developing it. Type 2 diabetes – which is related to lifestyle –

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is mostly preventable and residents can take simple and practical steps to minimise their risk of contracting it and also improve their general levels of health.

Our national and local partners have set out effective, evidence-based measures intended to improve treatment for patients with diabetes, and improve the prevention of the condition. The Council is working with its partners such as the NHS in Enfield to make it as easy as possible for residents to live a healthy lifestyle by creating an environment that makes it easier to move more, eat healthily, drink less, and not smoke.

From a national audit, we know that 20% of all strokes, 21% of all heart attacks, and 32% of all kidney dialysis were related to diabetes, and it is clearly adding to the cardiovascular mortality which is the number one cause of the life expectancy gap seen in Enfield.

There is and has been a lot of good practice in diabetes management. However the growing number of people with diabetes means that we all need to continually aspire to excellence. The report describes some of the excellent work which has already been done in Enfield, including patient information, Conversation Map Tools (a structured patient education programme), an initiative to improve the management of complex diabetes, diabetes prevention and many others. Going forward, the Sustainability and Transformation Plan will be an important programme of work in North Central London.

4. ALTERNATIVE OPTIONS CONSIDERED

5. REASONS FOR RECOMMENDATIONS

6. COMMENTS OF THE DIRECTOR OF FINANCE, RESOURCES AND CUSTOMER SERVICES AND OTHER DEPARTMENTS

6.1 Financial Implications

The report is for information only. Rising prevalence of diabetes in Enfield means it will become difficult to sustain the health and care system with current resources.

6.2 Legal Implications

Not applicable

7. KEY RISKS

Nil.

8. IMPACT ON PRIORITIES OF THE HEALTH AND WELLBEING STRATEGY

8.1 Ensuring the best start in life

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- 8.2** Enabling people to be safe, independent and well and delivering high quality health and care services
- 8.3** Creating stronger, healthier communities
- 8.4** Reducing health inequalities – narrowing the gap in life expectancy
- 8.5** Promoting healthy lifestyles

The report informs the current state of diabetes in Enfield and will contribute towards fulfilling the five priorities.

9. EQUALITIES IMPACT IMPLICATIONS

Not applicable

Background Papers

<https://new.enfield.gov.uk/services/health/public-health/health-publications/annual-public-health-report/health-information-enfield-annual-ph-report-2016-diabetes-in-enfield.pdf>