

21 January 2021



**Mental Health Trust update to
Enfield Health and Adult Social Care Scrutiny Panel**

Introduction

- Thank you for the opportunity to update you
- This evening we will cover:
 - Current position on COVID-19 response
 - Transformation of services through the pandemic
 - Plans for further transformation of mental health services
 - Moving to system based working in planning and delivering services
- Time for questions and discussion at the end

Current position

- Trust was well prepared for Wave 3 and has all the necessary arrangements in place
- Priority is keeping patients and staff safe and supported
- Differences in Wave 3 are:
 - New variant that is more transmissible – Enfield currently has particularly high COVID prevalence
 - BEH providing physical health ‘step down’ beds at CFH
 - Major patient and staff COVID-19 vaccination programme
- All efforts currently focused on COVID-19 response and managing increased demand for mental health services

Current Challenges

- Workforce absence 6 -15%
- No drop in demand, incl. for substance misuse services
- Surge in demand for acute mental health support/crisis
- Reduced mental health bed capacity (due to infection control measures)
- Staff resilience is being tested

Transformation of services through the pandemic

Excellence for service users



- Rapid implementation of latest national guidance
- Minimising spread of virus through tight infection control measures and cohorting inpatients
- Vulnerable patients being supported in the community
- Community Mental Health Teams supported by 24/7 telephone Crisis Line providing a Single Point of Access for referrals, including children and young people

Empowerment for staff



- All Trust staff receiving COVID vaccination ASAP
- Supporting staff through regular communications and webinars with CEO, support helplines, hot food, relaxation spaces, psychological support etc
- Access to on-line resources for staff
- Supporting BAME staff and others at higher risk through formal risk assessments, plus Better Together Network and launch of new Inclusion Programme

Transformation of services through the pandemic

Innovation in services



- Increased virtual consultations for patients, where clinically appropriate and possible – but face to face still important
- Using digital technology to support more flexible working for staff
- New ways of working to support social distancing

Partnerships with others



- Support to NMUH and Barnet Hospital A&Es
- Physical and mental health support to NMUH and care homes in Barnet, Enfield and Haringey
- BEH providing increased local physical health bed capacity on Chase Farm site to support discharge of patients from acute hospitals

Future plans

- Trust has learnt a lot from the pandemic and is embedding positive changes to improve services in the future, including:
 - Greater use of virtual consultations where appropriate
 - Better support for staff
 - More flexible workforce roles e.g. Peer Support Workers
 - More flexible working and use of our estate
 - Working more closely with local NHS, Council and voluntary sector partners



0800 0696 222 'frontline' to 85258 people.nhs.uk

Supporting healthy lives

Future plans

- National NHS Long Term Plan commits additional investment to develop mental health services
- BEH is leading work across North Central London to secure additional resources and 'level-up' historic differences
- Additional investment will increase the capacity of community mental health teams and help reduce admissions
- It will also support integration with primary care, community health, local authority and voluntary sector services at Primary Care Network level, providing local, integrated care
- Resources are also being invested in strengthening Crisis Houses in each borough, also helping to reduce admissions

Collaboration and system based working

- Nationally, NHS is increasingly working in Integrated Care Systems (ICSs) with local Integrated Care Partnerships (ICPs) at borough level
- NHS providers across NCL are working much more collaboratively, informed by the COVID-19 response and need to deliver integrated care
- For mental health, this means the plans for future developments of services are being managed at NCL level
- This will benefit Enfield through helping to level up resources and ensure more consistent, high quality, services for local people

Summary

- Trust is responding well to Wave 3, but faces significant challenges
- The pandemic has led to major beneficial changes in how services are provided, which will be maintained going forward
- Future plans are well developed for strengthening local mental health services further, through additional investment over next 2 – 3 years
- Our services and those of other partners are increasingly working together to provide better and more integrated care at local level